

Big-Brother, Little-Brother

with Ms. B

2016. BOYS. CAMP

Sr. Mr. Miah!!

WHEN: 3 Fridays in JULY!

7/1, 7/8 & 7/16

12:30 – 5:30PM

After Care (available): 5:30-7 (\$15)

1505 NW 16th Ave

+ Trips to Hogtown Creek!

WHERE: *The Gestalt Center*

WHO: Boys!

Elementary, Middle & High-Schoolers *Upon Interview



Purpose of Program:

Most boys with AD/HD present with common concerns, like: *Difficulty sustaining attention; impulsivity; poor mind-body awareness; poor eating habits; low frustration tolerance & ineffective social skills.*

- This summer's 3rd **Annual** Boys' Camp will aim to strengthen ALL OF THE ABOVE issues+ through a particularly innovative approach using peer-reinforcement & problem-solving.

Therapeutic Camp Details:

Campers will be given opportunities to:

- **MOVE & CREATE!** *Through Games & (Acro)Yoga*
- **EAT NEW FOODS!** *By way of "Experimental Snacks"*
- **EMBRACE CURIOSITY & DISCOVERY!** *By engaging in activities like Worm-Farming & Sharks' Tooth Hunting!*
- **LEARN ABOUT THEMSELVES & OTHERS!** *Through the powerful process of peer-reinforcement, expectations for shared problem-solving AND constructive feedback ☺*



Cost:

The cost paid to Milestones in the Making for *three* consecutive Friday camps = **\$240.00**
Otherwise, **\$85 per Friday**

- Cost includes: program planning based on community-needs; thoughtful group assembly; *therapeutic*, game-oriented interventions; behavioral support (a third party); use of a unique facility with nearby creek & park access; healthy snacks; materials; behavioral incentives & alternate 'hidden' fees paid for by Milestones in the Making
- After care is available (5:30-7PM) for an additional \$15/day
- We accept cash, check & all CC accessible by Square
- **Payment plans** can be discussed with the Office Manager by calling 352-374-7155
- **APPLICATIONS** are available at www.MindfulMilestones.org